

## Individual Meet Entries Report

**HEAT Lightning And 8 & Under Championships 13-Mar-10 to 14-Mar-10 Yards**

**Location: Lafayette High School**

**REC-PLEX SHARKS [RPLX-OZ] Coach: Erik Strom**

**13 Arrowhead Cr.**

**636-947-3460**

**St. Charles, MO 63301**

**Kbutz636@aol.com**

<b>WOMEN</b>
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<b>Skyler Anderson (11)</b>			# 31	Women 13-14 100 Fly	1:49.26Y
# 1B	Women 11-12 200 Back	4:04.82Y	# 37	Women 13-14 200 Back	2:58.88Y
# 9	Women 11-12 50 Breast	57.22Y	# 43	Women 13-14 100 Free	1:09.19Y
# 15	Women 11-12 100 Fly	2:05.48Y	# 85	Women 13-14 200 Free	2:40.37Y
# 19	Women 11-12 50 Back	50.01Y	# 97	Women 13-14 100 Back	1:19.90Y
<b>Mia Bonacorsi (8)</b>			# 109	Women 13-14 50 Free	30.35Y
# 29	Women 8 & Under 25 Fly	21.54Y	<b>Gabrielle Krimmel (11)</b>		
# 35	Women 8 & Under 50 Back	47.09Y	# 1B	Women 11-12 200 Back	NT
# 41	Women 8 & Under 25 Free	20.45Y	# 11B	Women 11-12 200 IM	2:51.50Y
# 95	Women 8 & Under 25 Back	23.03Y	# 57B	Women 11-12 200 Free	2:34.49Y
# 101	Women 8 & Under 25 Breast	NT	# 67B	Women 11-12 200 Breast	3:11.94Y
# 107	Women 8 & Under 50 Free	43.90Y	# 71	Women 11-12 100 IM	1:15.26Y
<b>Mikala Cessac (12)</b>			# 75	Women 11-12 100 Back	1:17.03Y
# 5	Women 11-12 100 Free	NT	<b>Emily Leipold (7)</b>		
# 9	Women 11-12 50 Breast	51.07Y	# 29	Women 8 & Under 25 Fly	31.16Y
# 19	Women 11-12 50 Back	NT	# 35	Women 8 & Under 50 Back	1:00.73Y
<b>Caitlyn Copeland (12)</b>			# 41	Women 8 & Under 25 Free	20.09Y
# 5	Women 11-12 100 Free	1:36.90Y	# 53	Women 8 & Under 100 Free	NT
# 9	Women 11-12 50 Breast	1:10.08Y	# 95	Women 8 & Under 25 Back	26.19Y
# 15	Women 11-12 100 Fly	NT	# 101	Women 8 & Under 25 Breast	38.78Y
# 19	Women 11-12 50 Back	50.80Y	# 107	Women 8 & Under 50 Free	53.40Y
<b>Hailey Foust (8)</b>			<b>Rebekah Lipski (9)</b>		
# 29	Women 8 & Under 25 Fly	NT	# 3	Women 9-10 100 Free	1:18.41Y
# 35	Women 8 & Under 50 Back	1:10.54Y	# 7	Women 9-10 50 Breast	49.24Y
# 41	Women 8 & Under 25 Free	NT	# 13	Women 9-10 100 Fly	1:47.39Y
# 47	Women 8 & Under 50 Breast	NT	# 17	Women 9-10 50 Back	40.67Y
# 89	Women 8 & Under 50 Fly	NT	# 59	Women 9-10 100 Breast	1:46.67Y
# 95	Women 8 & Under 25 Back	NT	# 63	Women 9-10 50 Free	34.49Y
# 101	Women 8 & Under 25 Breast	NT	# 69	Women 9-10 100 IM	1:33.37Y
# 107	Women 8 & Under 50 Free	1:01.53Y	# 81A	Women 12 & Under 500 Free	NT
<b>Samantha Frankenfield (11)</b>			<b>Natalie Mispagel (7)</b>		
# 61	Women 11-12 100 Breast	2:35.10Y	# 29	Women 8 & Under 25 Fly	28.64Y
# 65	Women 11-12 50 Free	44.63Y	# 35	Women 8 & Under 50 Back	54.83Y
# 71	Women 11-12 100 IM	2:08.67Y	# 41	Women 8 & Under 25 Free	21.35Y
# 75	Women 11-12 100 Back	1:50.48Y	# 53	Women 8 & Under 100 Free	1:56.21Y
<b>Emily Goode (9)</b>			# 95	Women 8 & Under 25 Back	25.40Y
# 3	Women 9-10 100 Free	2:09.63Y	# 101	Women 8 & Under 25 Breast	32.82Y
# 7	Women 9-10 50 Breast	NT	# 107	Women 8 & Under 50 Free	48.64Y
# 17	Women 9-10 50 Back	55.55Y	# 113	Women 8 & Under 100 IM	2:23.39Y
# 59	Women 9-10 100 Breast	NT	<b>Alexandria Ostrander (12)</b>		
# 63	Women 9-10 50 Free	54.84Y	# 1B	Women 11-12 200 Back	2:42.27Y
# 73	Women 9-10 100 Back	2:06.06Y	# 11B	Women 11-12 200 IM	2:33.95Y
<b>Sierra Heuston (9)</b>			# 21B	Women 11-12 200 Fly	NT
# 63	Women 9-10 50 Free	35.38Y	# 57B	Women 11-12 200 Free	2:18.02Y
# 69	Women 9-10 100 IM	1:33.30Y	# 61	Women 11-12 100 Breast	1:25.61Y
# 73	Women 9-10 100 Back	1:30.77Y	# 67B	Women 11-12 200 Breast	3:03.68Y
# 77	Women 9-10 50 Fly	48.05Y	<b>Allie Puskar-Beckett (11)</b>		
<b>Sarah Jones (13)</b>			# 1B	Women 11-12 200 Back	NT
# 25	Women 13-14 200 IM	3:06.61Y	# 5	Women 11-12 100 Free	1:02.36Y

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**REC-PLEX SHARKS [RPLX-OZ] Coach: Erik Strom**

<b>WOMEN</b>
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# 15 Women 11-12 100 Fly	1:18.52Y	# 61 Women 11-12 100 Breast	NT
# 61 Women 11-12 100 Breast	1:23.46Y	# 65 Women 11-12 50 Free	47.21Y
# 81A Women 12 & Under 500 Free	NT	# 71 Women 11-12 100 IM	2:02.32Y
<b>Olivia Rhodes (11)</b>			
# 5 Women 11-12 100 Free	1:17.56Y		
# 9 Women 11-12 50 Breast	45.59Y		
# 11B Women 11-12 200 IM	3:01.18Y		
# 19 Women 11-12 50 Back	38.90Y		
<b>Anna Rydberg (8)</b>			
# 95 Women 8 & Under 25 Back	24.28Y		
# 101 Women 8 & Under 25 Breast	34.66Y		
# 107 Women 8 & Under 50 Free	NT		
# 113 Women 8 & Under 100 IM	NT		
<b>Kelly Rydberg (8)</b>			
# 95 Women 8 & Under 25 Back	27.77Y		
# 101 Women 8 & Under 25 Breast	35.41Y		
# 107 Women 8 & Under 50 Free	1:00.00Y		
# 113 Women 8 & Under 100 IM	NT		
<b>Lillie Schafer (10)</b>			
# 57A Women 10 & Under 200 Free	NT		
# 63 Women 9-10 50 Free	34.35Y		
# 73 Women 9-10 100 Back	1:26.88Y		
# 77 Women 9-10 50 Fly	39.50Y		
<b>Madeline Schafer (11)</b>			
# 57B Women 11-12 200 Free	NT		
# 61 Women 11-12 100 Breast	1:43.85Y		
# 67B Women 11-12 200 Breast	NT		
# 75 Women 11-12 100 Back	1:39.67Y		
<b>Hannah Simonds (10)</b>			
# 7 Women 9-10 50 Breast	1:01.84Y		
# 17 Women 9-10 50 Back	50.10Y		
<b>Alisa Sivapiromrat (8)</b>			
# 29 Women 8 & Under 25 Fly	25.67Y		
# 35 Women 8 & Under 50 Back	1:00.78Y		
# 47 Women 8 & Under 50 Breast	NT		
# 53 Women 8 & Under 100 Free	NT		
# 89 Women 8 & Under 50 Fly	1:00.35Y		
# 95 Women 8 & Under 25 Back	NT		
# 107 Women 8 & Under 50 Free	44.06Y		
# 113 Women 8 & Under 100 IM	1:58.53Y		
<b>Erin Stock (10)</b>			
# 59 Women 9-10 100 Breast	1:47.19Y		
# 69 Women 9-10 100 IM	1:42.54Y		
# 77 Women 9-10 50 Fly	49.23Y		
<b>Kira Stock (10)</b>			
# 59 Women 9-10 100 Breast	1:57.11Y		
# 67A Women 10 & Under 200 Breast	NT		
<b>Emma Westerhold (9)</b>			
# 63 Women 9-10 50 Free	42.06Y		
# 73 Women 9-10 100 Back	1:42.74Y		
# 77 Women 9-10 50 Fly	50.93Y		
<b>Taylor Whitehead (11)</b>			

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**REC-PLEX SHARKS [RPLX-OZ] Coach: Erik Strom**

<b>MEN</b>
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**Jared Bishop (10)**

# 4	Men 9-10 100 Free	NT
# 8	Men 9-10 50 Breast	NT

**James Coogan (8)**

# 30	Men 8 & Under 25 Fly	19.10Y
# 36	Men 8 & Under 50 Back	44.82Y
# 42	Men 8 & Under 25 Free	17.18Y
# 54	Men 8 & Under 100 Free	1:29.50Y
# 90	Men 8 & Under 50 Fly	50.05Y
# 96	Men 8 & Under 25 Back	21.09Y
# 108	Men 8 & Under 50 Free	39.09Y
# 114	Men 8 & Under 100 IM	1:35.79Y

**Dylan Du (8)**

# 30	Men 8 & Under 25 Fly	NT
# 36	Men 8 & Under 50 Back	1:18.50Y
# 42	Men 8 & Under 25 Free	21.92Y
# 48	Men 8 & Under 50 Breast	1:08.35Y

**Jacob Erickson-Rieger (11)**

# 6	Men 11-12 100 Free	1:24.15Y
# 16	Men 11-12 100 Fly	NT
# 20	Men 11-12 50 Back	42.97Y

**Alexander Faintich (10)**

# 60	Men 9-10 100 Breast	1:44.99Y
# 64	Men 9-10 50 Free	38.33Y
# 70	Men 9-10 100 IM	1:41.89Y
# 74	Men 9-10 100 Back	1:37.43Y

**Brian Faintich (8)**

# 30	Men 8 & Under 25 Fly	23.46Y
# 36	Men 8 & Under 50 Back	48.21Y
# 48	Men 8 & Under 50 Breast	55.05Y
# 54	Men 8 & Under 100 Free	1:34.91Y
# 96	Men 8 & Under 25 Back	23.01Y
# 102	Men 8 & Under 25 Breast	25.87Y
# 108	Men 8 & Under 50 Free	42.65Y
# 114	Men 8 & Under 100 IM	1:52.08Y

**Benjamin Goldstein (9)**

# 4	Men 9-10 100 Free	1:19.93Y
# 8	Men 9-10 50 Breast	52.16Y
# 14	Men 9-10 100 Fly	1:45.97Y
# 18	Men 9-10 50 Back	42.34Y
# 60	Men 9-10 100 Breast	2:11.34Y
# 64	Men 9-10 50 Free	37.20Y
# 70	Men 9-10 100 IM	1:34.96Y
# 74	Men 9-10 100 Back	1:31.37Y

**Dawson Grainger (8)**

# 30	Men 8 & Under 25 Fly	33.18Y
# 36	Men 8 & Under 50 Back	1:02.67Y
# 42	Men 8 & Under 25 Free	21.51Y
# 48	Men 8 & Under 50 Breast	1:23.96Y
# 96	Men 8 & Under 25 Back	25.84Y
# 102	Men 8 & Under 25 Breast	33.18Y
# 108	Men 8 & Under 50 Free	54.76Y

**Adam Grimm (9)**

# 4	Men 9-10 100 Free	1:06.22Y
# 8	Men 9-10 50 Breast	41.12Y
# 12A	Men 10 & Under 200 IM	2:40.35Y
# 58A	Men 10 & Under 200 Free	2:18.71Y
# 60	Men 9-10 100 Breast	1:25.62Y
# 68A	Men 10 & Under 200 Breast	3:14.74Y
# 82A	Men 12 & Under 500 Free	6:13.35Y

**Aaron Hall (10)**

# 64	Men 9-10 50 Free	37.67Y
# 70	Men 9-10 100 IM	1:41.00Y
# 74	Men 9-10 100 Back	1:44.95Y
# 78	Men 9-10 50 Fly	41.20Y

**Alexander Higgins (9)**

# 8	Men 9-10 50 Breast	1:10.13Y
# 18	Men 9-10 50 Back	55.51Y
# 64	Men 9-10 50 Free	47.91Y
# 78	Men 9-10 50 Fly	NT

**Zachary Higgins (10)**

# 8	Men 9-10 50 Breast	59.69Y
# 18	Men 9-10 50 Back	47.31Y
# 64	Men 9-10 50 Free	38.95Y
# 78	Men 9-10 50 Fly	55.37Y

**Matthew Hillmer (10)**

# 4	Men 9-10 100 Free	1:08.35Y
# 8	Men 9-10 50 Breast	42.16Y
# 12A	Men 10 & Under 200 IM	2:49.78Y
# 18	Men 9-10 50 Back	37.83Y
# 58A	Men 10 & Under 200 Free	2:24.47Y
# 60	Men 9-10 100 Breast	1:28.43Y
# 68A	Men 10 & Under 200 Breast	3:13.86Y
# 74	Men 9-10 100 Back	1:19.60Y

**Justin Hofer (13)**

# 98	Men 13-14 100 Back	1:48.79Y
# 104	Men 13-14 200 Breast	3:42.45Y
# 110	Men 13-14 50 Free	39.84Y

**Benjamin Huskey (10)**

# 4	Men 9-10 100 Free	1:21.48Y
# 8	Men 9-10 50 Breast	49.10Y
# 14	Men 9-10 100 Fly	1:56.66Y
# 18	Men 9-10 50 Back	43.64Y
# 64	Men 9-10 50 Free	36.10Y
# 70	Men 9-10 100 IM	1:36.77Y
# 74	Men 9-10 100 Back	1:32.36Y
# 78	Men 9-10 50 Fly	46.95Y

**Nicholas Mispagel (9)**

# 60	Men 9-10 100 Breast	1:43.73Y
# 64	Men 9-10 50 Free	37.00Y
# 70	Men 9-10 100 IM	1:36.43Y
# 78	Men 9-10 50 Fly	48.81Y

**Blake Rhodes (13)**

# 26	Men 13-14 200 IM	2:36.54Y
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**REC-PLEX SHARKS [RPLX-OZ] Coach: Erik Strom**

<b>MEN</b>
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# 32	Men 13-14 100 Fly	1:11.36Y	# 70	Men 9-10 100 IM	1:35.28Y
# 38	Men 13-14 200 Back	2:36.84Y	# 78	Men 9-10 50 Fly	42.94Y
# 44	Men 13-14 100 Free	1:05.79Y			
<b>Jack Rhodes (8)</b>					
# 30	Men 8 & Under 25 Fly	33.58Y			
# 36	Men 8 & Under 50 Back	59.06Y			
# 42	Men 8 & Under 25 Free	19.18Y			
# 48	Men 8 & Under 50 Breast	NT			
<b>Brandon Rowland (9)</b>					
# 4	Men 9-10 100 Free	1:23.66Y			
# 8	Men 9-10 50 Breast	50.10Y			
# 14	Men 9-10 100 Fly	NT			
# 18	Men 9-10 50 Back	39.80Y			
# 58A	Men 10 & Under 200 Free	3:08.57Y			
# 64	Men 9-10 50 Free	36.75Y			
# 70	Men 9-10 100 IM	1:32.72Y			
# 78	Men 9-10 50 Fly	48.13Y			
<b>Dominic Schneider (9)</b>					
# 4	Men 9-10 100 Free	1:29.44Y			
# 8	Men 9-10 50 Breast	NT			
# 14	Men 9-10 100 Fly	1:56.70Y			
# 18	Men 9-10 50 Back	45.16Y			
# 64	Men 9-10 50 Free	39.80Y			
# 70	Men 9-10 100 IM	1:44.06Y			
# 74	Men 9-10 100 Back	1:44.45Y			
# 78	Men 9-10 50 Fly	49.73Y			
<b>Nicholas Sisson (7)</b>					
# 30	Men 8 & Under 25 Fly	NT			
# 36	Men 8 & Under 50 Back	NT			
# 42	Men 8 & Under 25 Free	26.34Y			
# 96	Men 8 & Under 25 Back	31.35Y			
# 108	Men 8 & Under 50 Free	NT			
<b>Grant Stock (10)</b>					
# 60	Men 9-10 100 Breast	1:49.19Y			
# 68A	Men 10 & Under 200 Breast	NT			
# 78	Men 9-10 50 Fly	56.84Y			
<b>Gavin Tolliver (11)</b>					
# 6	Men 11-12 100 Free	NT			
# 12B	Men 11-12 200 IM	NT			
# 16	Men 11-12 100 Fly	NT			
# 20	Men 11-12 50 Back	54.95Y			
<b>Andrew Vuong (13)</b>					
# 44	Men 13-14 100 Free	NT			
# 50	Men 13-14 100 Breast	1:26.20Y			
# 98	Men 13-14 100 Back	1:18.34Y			
<b>Eric Zhu (9)</b>					
# 4	Men 9-10 100 Free	1:24.06Y			
# 8	Men 9-10 50 Breast	50.46Y			
# 14	Men 9-10 100 Fly	1:42.08Y			
# 18	Men 9-10 50 Back	45.53Y			
# 60	Men 9-10 100 Breast	1:45.97Y			
# 64	Men 9-10 50 Free	35.67Y			

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### Individual Meet Entries Report

HEAT Lightning And 8 & Under Championships 13-Mar-10 to 14-Mar-10 Yards  
REC-PLEX SHARKS [RPLX-OZ] Coach: Erik Strom

Female IE's:	127
Male IE's:	133
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Total IE's:	260
Total Athletes:	51