

Individual Meet Entries Report

CSRVIII 2010 LC SPEEDO CHAMPIONS SERIES 04-Mar-10 to 07-Mar-10 LC Meters

Location: OKC COMMUNITY COLLEGE, OKC, OK

REC-PLEX SHARKS [RPLX-OZ] Coach: Erik Strom

13 Arrowhead Cr.

St. Charles, MO 63301

636-947-3460

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WOMEN	Event	Time	Date	Meet	namesort
Courtney Coe (14) 4/26/1995					
# 7	Women Open 100 Fly	1:01.40Y	2/9/2010	2010 GAC Swim & Dive Championships	
Alysa Coleman (16) 8/20/1993					
# 5	Women Open 100 Breast	1:17.38L	7/22/2009	CSRVIII 2009 SUMMER LC SPEEDO CHAMPIONS SERI	
# 17	Women Open 200 Breast	2:47.18L	8/6/2008	2008 IN Central MegaZone	
Kayla Grimm (14) 8/12/1995					
# 19	Women Open 100 Back	1:00.79Y	2/9/2010	2010 GAC Swim & Dive Championships	
# 27	Women Open 200 Back	2:15.23Y	1/15/2010	3-Star Winter Warm-Up	
Abby Hempfen (16) 3/23/1993					
# 5	Women Open 100 Breast	1:16.34L	6/20/2008	CSC Summer Invitational 2008	
# 9	Women Open 400 IM	4:41.48Y	3/5/2009	CSRVIII 2009 SC SPEEDO CHAMPIONS SERIES	
# 13	Women Open 200 IM	2:33.06L	7/22/2009	CSRVIII 2009 SUMMER LC SPEEDO CHAMPIONS SERI	
# 17	Women Open 200 Breast	2:41.42L	2/13/2009	Missouri Grand Prix	
Maria Schroeder (13) 3/29/1996					
# 7	Women Open 100 Fly	59.33Y	11/20/2009	Carbondale 500	
# 9	Women Open 400 IM	4:44.88Y	1/22/2010	2010 FAST Winter Invitational	
# 13	Women Open 200 IM	2:13.17Y	1/22/2010	2010 FAST Winter Invitational	
# 15	Women Open 50 Free	28.33L	6/19/2009	CSC Summer Invitational 2009	
# 29	Women Open 100 Free	54.98Y	12/4/2009	Holiday H2O Invitational	
# 31	Women Open 200 Fly	2:12.66Y	11/20/2009	Carbondale 500	
Michelle Tipton (16) 3/31/1993					
# 3	Women Open 200 Free	2:11.21L	7/22/2009	CSRVIII 2009 SUMMER LC SPEEDO CHAMPIONS SERI	
# 7	Women Open 100 Fly	59.02Y	2/10/2009	2009 GAC Women's Swim & Dive Championship	
# 13	Women Open 200 IM	2:31.85L	7/22/2009	CSRVIII 2009 SUMMER LC SPEEDO CHAMPIONS SERI	
# 15	Women Open 50 Free	28.17L	7/22/2009	CSRVIII 2009 SUMMER LC SPEEDO CHAMPIONS SERI	
# 21	Women Open 400 Free	5:01.26Y	2/19/2010	2010 Girls State Swimming Championships	
# 29	Women Open 100 Free	53.77Y	12/4/2009	Holiday H2O Invitational	
Rebecca Zandstra (18) 11/28/1991					
# 15	Women Open 50 Free	28.46L	2/28/2008	CSRVIII 2008 SPRING LC SPEEDO CHAMPIONS SERI	
# 29	Women Open 100 Free	54.01Y	2/19/2010	2010 Girls State Swimming Championships	

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MEN	Event	Time	Date	Meet	namesort
Ryan Baker (14) 2/29/1996					
# 2	Men Open 800 Free	10:09.44Y	1/22/2010	2010 FAST Winter Invitational	
# 10	Men Open 400 IM	4:25.07Y	11/20/2009	Carbondale 500	
# 18	Men Open 200 Breast	2:20.77Y	12/4/2009	Holiday H2O Invitational	
# 22	Men Open 400 Free	4:56.15Y	11/20/2009	Carbondale 500	
# 26	Men Open 1500 Free	17:21.51Y	12/4/2009	Holiday H2O Invitational	
Trace Curvey (18) 12/14/1991					
# 6	Men Open 100 Breast	1:10.45L	2/13/2009	Missouri Grand Prix	
# 14	Men Open 200 IM	1:58.93Y	11/3/2009	BOYS GAC SWIMMING AND DIVING CHAMPIONSHIPS	
# 18	Men Open 200 Breast	2:18.09Y	2/27/2009	Ozark Short Course Championship	
Patrick Fountain (16) 10/26/1993					
# 6	Men Open 100 Breast	1:11.07L	7/17/2009	2009 Ozark LC Championships	
# 18	Men Open 200 Breast	2:37.86L	7/22/2009	CSRVIII 2009 SUMMER LC SPEEDO CHAMPIONS SERI	
Cody Friedhoff (18) 9/10/1991					
# 4	Men Open 200 Free	2:00.55L	7/22/2009	CSRVIII 2009 SUMMER LC SPEEDO CHAMPIONS SERI	
# 8	Men Open 100 Fly	1:01.01L	7/22/2009	CSRVIII 2009 SUMMER LC SPEEDO CHAMPIONS SERI	
# 16	Men Open 50 Free	25.72L	5/29/2009	Meet Me in St. Louis	
# 22	Men Open 400 Free	4:19.44L	2/13/2009	Missouri Grand Prix	
# 30	Men Open 100 Free	55.03L	7/22/2009	CSRVIII 2009 SUMMER LC SPEEDO CHAMPIONS SERI	
Matthew Friedhoff (18) 9/10/1991					
# 6	Men Open 100 Breast	1:13.50L	7/22/2009	CSRVIII 2009 SUMMER LC SPEEDO CHAMPIONS SERI	
# 14	Men Open 200 IM	2:18.70L	7/22/2009	CSRVIII 2009 SUMMER LC SPEEDO CHAMPIONS SERI	
# 20	Men Open 100 Back	1:04.03L	7/22/2009	CSRVIII 2009 SUMMER LC SPEEDO CHAMPIONS SERI	
# 28	Men Open 200 Back	2:19.33L	7/22/2009	CSRVIII 2009 SUMMER LC SPEEDO CHAMPIONS SERI	
Andrew Sansoucie (15) 11/10/1994					
# 8	Men Open 100 Fly	58.40L	8/7/2009	2009 Central Zone Championship Noblesville	
# 14	Men Open 200 IM	2:02.84Y	1/22/2010	2010 FAST Winter Invitational	
# 16	Men Open 50 Free	25.60L	2/12/2010	2010 Missouri Grand Prix	
# 32	Men Open 200 Fly	2:19.45L	7/22/2009	CSRVIII 2009 SUMMER LC SPEEDO CHAMPIONS SERI	
Joseph Schroeder (17) 4/10/1992					
# 8	Men Open 100 Fly	55.34Y	1/22/2010	2010 FAST Winter Invitational	
# 14	Men Open 200 IM	2:03.49Y	2/27/2009	Ozark Short Course Championship	
# 16	Men Open 50 Free	22.88Y	11/3/2009	BOYS GAC SWIMMING AND DIVING CHAMPIONSHIPS	
# 20	Men Open 100 Back	1:04.95L	2/28/2008	CSRVIII 2008 SPRING LC SPEEDO CHAMPIONS SERI	
# 28	Men Open 200 Back	2:03.36Y	2/22/2008	Ozark Short Course Championship	
# 32	Men Open 200 Fly	2:06.27Y	2/27/2009	Ozark Short Course Championship	
Matthew Wacker (17) 4/8/1992					
# 8	Men Open 100 Fly	54.23Y	11/3/2009	BOYS GAC SWIMMING AND DIVING CHAMPIONSHIPS	
# 32	Men Open 200 Fly	2:20.36L	7/17/2009	2009 Ozark LC Championships	

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MEN	Event	Time	Date	Meet	namesort
	Female IE's:	23			
	Male IE's:	31			
	Total IE's:	54			
	Total Athletes:	15			