

# 2010 Ozark Qualifier

## Warm Up Schedule

February 13 & 14, 2010

### **Saturday, Sunday - Morning**

#### ***Session A, 6:45-7:10am***

<u>Lane 1</u> RSCA	<u>Lane 2</u> RSCA	<u>Lane 3</u> RSCA	<u>Lane 4</u> RSCA	<u>Lane 5</u> RSCA	<u>Lane 6</u> RSCA	<u>Lane 7</u> RSCA	<u>Lane 8</u> RSCA
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#### ***Session B, 7:10-7:35am***

<u>Lane 1</u> HEAT BSC	<u>Lane 2</u> HEAT	<u>Lane 3</u> STLS LOV2	<u>Lane 4</u> BGCD LOVE	<u>Lane 5</u> BGCD	<u>Lane 6</u> RPLX	<u>Lane 7</u> RPLX	<u>Lane 8</u> RPLX
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#### ***Session C, 7:35-8:00am***

<u>Lane 1</u> CSP	<u>Lane 2</u> CSP	<u>Lane 3</u> CSP	<u>Lane 4</u> CSP	<u>Lane 5</u> PKWY	<u>Lane 6</u> PKWY	<u>Lane 7</u> PKWY	<u>Lane 8</u> PKWY UN-OZ
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Swimmers must enter the pool “feet first” – no diving or cannonballs.

\*\*\*Swimmers traveling without a coach please report to the Meet Director or Meet Referee prior to Warm-Ups.\*\*\*

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## Warm Up Schedule

February 13, 2010

### **Saturday Afternoon**

#### ***Session A, 12:45 – 1:10pm***

<u>Lane 1</u>	<u>Lane 2</u>	<u>Lane 3</u>	<u>Lane 4</u>	<u>Lane 5</u>	<u>Lane 6</u>	<u>Lane 7</u>	<u>Lane 8</u>
RSCA	RSCA	RSCA	RSCA	RSCA	RSCA	RSCA	RSCA UN-RO

#### ***Session B, 1:10 – 1:35pm***

<u>Lane 1</u>	<u>Lane 2</u>	<u>Lane 3</u>	<u>Lane 4</u>	<u>Lane 5</u>	<u>Lane 6</u>	<u>Lane 7</u>	<u>Lane 8</u>
HEAT BSC	HEAT	STLS SEAL	BGCD LOV2	RPLX	RPLX	RPLX	RPLX

#### ***Session C, 1:35 – 2:00pm***

<u>Lane 1</u>	<u>Lane 2</u>	<u>Lane 3</u>	<u>Lane 4</u>	<u>Lane 5</u>	<u>Lane 6</u>	<u>Lane 7</u>	<u>Lane 8</u>
CSP	CSP	CSP	CSP	PKWY	PKWY	PKWY	PKWY

Swimmers must enter the pool “feet first” – no diving or cannonballs.

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# 2010 Ozark Qualifier

## Warm Up Schedule

February 14, 2010

### **Sunday Afternoon**

#### ***Session A, 12:00 – 12:25pm***

<u>Lane 1</u>	<u>Lane 2</u>	<u>Lane 3</u>	<u>Lane 4</u>	<u>Lane 5</u>	<u>Lane 6</u>	<u>Lane 7</u>	<u>Lane 8</u>
RSCA	RSCA	RSCA	RSCA	RSCA	RSCA	RSCA	RSCA UN-RO

#### ***Session B, 12:25 – 12:50pm***

<u>Lane 1</u>	<u>Lane 2</u>	<u>Lane 3</u>	<u>Lane 4</u>	<u>Lane 5</u>	<u>Lane 6</u>	<u>Lane 7</u>	<u>Lane 8</u>
HEAT BSC	HEAT	STLS SEAL	BGCD LOV2	RPLX	RPLX	RPLX	RPLX

#### ***Session C, 12:50 – 1:15pm***

<u>Lane 1</u>	<u>Lane 2</u>	<u>Lane 3</u>	<u>Lane 4</u>	<u>Lane 5</u>	<u>Lane 6</u>	<u>Lane 7</u>	<u>Lane 8</u>
CSP	CSP	CSP	CSP	PKWY	PKWY	PKWY	PKWY

Swimmers must enter the pool “feet first” – no diving or cannonballs.

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