# Ozark Swimming's 2015 Division I Championship 

February 27 - March 1, 2015

## Sanction:

Ozark Swimming \# 5740

## Hosts:

St. Peters Rec-Plex Sharks \& HEAT Swimming
Location: $\quad$ City of St. Peters Rec-Plex
5200 Mexico Road
St. Peters, MO 63376
(636) 939-2386


Facility: $\quad$ The pool is 50 meters with a movable bulkhead to divide it into two 8-lane, 25-yard pools. All lanes are 9 feet wide \& have 6" Competitor non-turbulent lane lines. The minimum depth of the South Pool at the start end is $12^{\prime} 10^{\prime \prime}$ and at the turn end is $11^{\prime} 7^{\prime \prime}$. The minimum depth of the North Pool at the start end is $6^{\prime} 5-1 / 2^{\prime \prime}$ and at the turn end is $6^{\prime} 5-1 / 4^{\prime \prime}$. Both pools have been certified in accordance with USA Swimming rule $104.2 .2 \mathrm{C}(4)$, and a copy of the certification is on file with USA Swimming. A Colorado System 6 timing system will be used with an 8 -line scoreboard. There is permanent seating for 1300 spectators. Events in the North Pool will be competed in 6 lanes with 2 lanes available for warm up / cool down.

Meet Directors: Rebecca Ostrander (636) 922-3116 or ostrander.rebecca@gmail.com Sally Cole
mabel6157@aol.com
Age Group Chair: Sean Harrison
(636) 891-6635 or harrisonsean@rockwood.k12.mo.us

Safety Marshall: Beth Schroeder / Renea Medling
Admin. Official: Karen Butz (636) 688-1512 or Sharkmeetentry@yahoo.com

Meet Referee: Steve Grimm
(314) 910-8274 or stephen.b.grimm@boeing.com

Directions: From I-70, take the Cave Springs exit (\#225) and head south. Turn right (west) onto Mexico Road and travel 1.6 miles. The Rec-Plex is on the left just past Lutheran High School.

Parking: $\quad$ Prime parking is in front of the Rec-Plex. Additional parking is behind the Rec-Plex, at St. Peters City Hall \& Lutheran High School.

Schedule:

|  | Friday Evening | Sat./Sun. Prelims |  | Sat. Finals |  |
| :--- | :---: | :---: | :---: | :---: | :---: |
|  | Sun. Finals |  |  |  |  |
| $\mathbf{1}^{\text {st }}$ Warm-up | 4:00-4:25 pm | $7: 00-7: 25 \mathrm{am}$ |  | $3: 30-3: 55$ | $3: 00-3: 25$ |
| $\mathbf{2}^{\text {nd }}$ Warm-up | $4: 25-4: 50 \mathrm{pm}$ | $7: 25-7: 50 \mathrm{am}$ | $3: 55-4: 20$ | $3: 25-3: 50$ |  |
| Session Start | 5:00 pm | $8: 00 \mathrm{am}$ | $4: 30 \mathrm{pm}$ | $4: 00 \mathrm{pm}$ |  |

Eligibility: All swimmers must be currently registered athlete members of USA Swimming. USA Swimming memberships applied for will not be accepted. Swimmers entered in the meet who do not hold current membership will be dropped from the meet, and the entry fees will not be refunded. If a swimmer swims and is not registered, a $\$ 100$ fine will be imposed. Swimmer's age on February 27, 2015 determines their age group for the meet.

Format: This is a Preliminaries/Finals Championship meet. The events will include " A " (Championship) and " B " (Consolation) final heats for the top 16 swimmers from the morning preliminaries. All Friday evening events, all relay events, and the 1650 Free on Saturday will be swum as Timed Finals. After all entries have been received, pool assignment for each age/gender group will be determined to optimize the meet timeline. Coaches will be notified prior to the meet, and the host will post the assignments on their website. All Consolation \& Championship finals will be swum in the South Pool.

All events except the 1650 Free will be pre-seeded. Swimmers must positively check in for the 1650 Free before 9:00 am on Saturday. Coaches must turn in their relay cards each day by the announced deadline. The 1650 Free will be seeded fastest to slowest, and alternate heats of girls and boys. The host team reserves the right to hold the 1650 Free in either the South Pool or both the North and South Pool, depending on the timeline. After all entries have been received, coaches will be notified as to the format to be used in swimming the 1650 Free. Swimmers in the 1650 Free must provide a timer and a lap counter.

Swimmers must provide their own lap counter for the 500 Free.
During Finals, the "B" (Consolation) heat will be swum prior to the " A " (Championship) heat. All " B " finalists and alternates are to report immediately to the southeast corner of the pool deck (across from the Starter) when the " A " heat of the event prior to theirs is paraded to the blocks. The " B " finalists will have their names announced during their event.

There will be a "Ready Room" and parade of the " $A$ " Finalists of each event. All " $A$ " finalists will be asked to report immediately to the "Ready Room" (located in the southeast corner of the pool deck, across from the Starter) during the announcement of the " A " final of the event prior to their event. " $A$ " finalists will be paraded out to music and have their names announced prior to their stepping up on the blocks.

Scratches: Any swimmer not reporting for, or competing in, a preliminary or timed final event shall not be penalized.

Any swimmer who qualifies for a Consolation or Championship final and then fails to report for the final event shall be ejected from the remainder of the meet. There will be no penalty for failure to compete in finals if:
A. The meet referee is notified in the event of illness or injury and accepts proof thereof
B. A swimmer notifies the meet referee within thirty minutes after the announcement of the finalists for an event that they may not intend to compete and further declare their final intention within thirty minutes following their last individual preliminary event of the session. This is called "declaring an intent to scratch."
C. The swimmer "scratches" their name within thirty minutes following the announcement of finalists for that event. The swimmer or coach must report to the announcer's table in order to "scratch" an event.
D. It is determined by the meet referee that failure to compete was caused by circumstances beyond the control of the swimmer.

Qualifying Times: Swimmers must have achieved the USA Swimming BB time standard in each event for which they are entered. Swimmers who only have the long course meter or short course meter cut for an individual event must enter at the long course meter or short course meter time achieved. Those swimmers who achieved BB times in either the 1650/1500 Free or the 1000/800 Free may enter the 1650 Free event. If entering with a cut other than the 1650 Free time, enter at the time and in the course the time was achieved. The meet will be seeded in the following order: a) SCY, b) LCM, and c) SCM. The meet will be seeded in accordance with USA Swimming rules (refer to rule 207.11.7).

Qualifying Period: The qualifying swims must have occurred between February 28, 2014 and the entry deadline of February 16, 2015.

Proof of Times: The Administrative Officials will confirm all entry times with the USA Swimming SWIMS database prior to the meet. Any entry time that is not found in SWIMS will be flagged and a report will be e-mailed to team contacts prior to the meet. If a club cannot resolve the missing time in SWIMS, the discrepant entry will be adjusted to the time listed in SWIMS (if it qualifies) or will be scratched (if no qualifying time exists). Either short course or long course qualifying times that meet the USA Swimming BB standard for that event may be accepted as proof and used as entry times.

Scoring: $\quad$ Scoring will be to 16 places as follows:
Individual Events = 20, 17, 16, 15, 14, 13, 12, 11, 9, 7, 6, 5, 4, 3, 2, 1
Relay Events $=\quad 40,34,32,30,28,26,24,22,18,14,12,10,8,6,4,2$
Awards: Individual Events: Medals: $1^{\text {st }}-8^{\text {th }}$ place
Ribbons: $9^{\text {th }}-16^{\text {th }}$ place
Relay Events: Medals: $1^{\text {st }}-3^{\text {rd }}$ place
Ribbons: $4^{\text {th }}-8^{\text {th }}$ place

## Bill Karasick Memorial Award

This award will be presented to the outstanding swimmer of the meet, as voted on by the coaches and through the following point system: 1 point for a National Reportable Time, 1 point for an Ozark Record, 1 point for winning an individual event, and 1 point for each coach's vote.

## Ozark Team Sportsmanship Award

This award is presented to the team which displays the best sportsmanship, team support, positive attitudes, and has the best team appearance.

## Individual High Point Trophies

The Top 3 swimmers scoring the highest number of individual points in each age group \& gender will be awarded a high point trophy.

## Age Group Team Awards

The team scoring the most points in each age group \& gender will be announced at the conclusion of the meet. No awards, however, will be given out for these categories.

## Overall Team Awards (combined age groups \& gender)

Trophies will be presented to the $1^{\text {st }}, 2^{\text {nd }}$, and $3^{\text {rd }}$ Place teams.
Rules: $\quad$ This meet is being held under the sanction of USA Swimming, and all technical and administrative rules of USA Swimming shall apply. In granting this approval, it is understood and agreed that USA Swimming shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

All swimmers who are not accompanied by a USA Swimming certified coach must report to the meet referee or meet director prior to warming up before each session in which he/she is swimming. The swimmer will be assigned to a coach on deck.

Credentials must be displayed at all times while on the pool deck. All coaches must have a current USA Swimming Coaches Card. Coach assistants will not be permitted on the pool deck without the same credentials required of the coaches (this will be strictly enforced). No parents are permitted on the pool deck unless they are volunteers assigned to work that session.

Rules (cont.): Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

The only swimsuits permitted are those in compliance with FINA and USA Swimming rules. Changing into or out of swimsuits other than in locker rooms or other designated areas is prohibited.

Entry Fees: $\quad \$ 5.00$ per individual event
$\$ 10.00$ per relay event
\$12.00 Ozark Swimming Surcharge
Entry Limits: A swimmer may enter a maximum of seven individual events for the entire meet and can enter no more than three individual events per day. Any swimmer who enters more that the maximum number will be scratched down to the limit, starting with the highest event number on the day the over-entry occurs.

Each team will be permitted to enter up to two scoring relay teams for each relay event. There will be no exhibition relays permitted in the 400 or 800 relay events. Teams may, however, enter exhibition relay teams in the 200 relay events. All exhibition relays are to be entered at "No Time" (NT). You may enter relay-only swimmers in the meet to swim on relay teams, even if they do not qualify for individual events, but those swimmers must still pay the posted surcharge for entering the meet.

Entries: $\quad$ E-mail entries (SDIF format) are preferred for this meet, and must be received by 5:00 pm on February 16, 2015. Entries may also be submitted on a $31 / 2$ floppy disk. You will receive an e-mail verifying receipt of your entry. If verification is not received, please contact Karen Butz on February 17, 2015 by noon. No phone or fax entries will be accepted. A hard copy of your team entry and team entry fees must be received by February 18, 2015. Times must be submitted in the course the time was achieved. Swimmers who qualify with long course meter times, short course meter times, or swimmers who qualify for the 1650 Free with a 800,1000 , or 1500 Free time, must enter the meet with those times.

## Entry deadline: 5:00 pm on FEBRUARY 16, 2015

Entry fees must accompany each entry. Make checks payable to: Rec-Plex Sharks Swim Team

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Mail to: Karen Butz, Meet Entry Chair
c/o Rec-Plex Sharks Swim Team
13 Arrowhead Circle
St. Charles, MO 63301
(636) 688-1512
Sharkmeetentry@yahoo.com
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Officials: $\quad$ Teams participating in the meet should provide officials. Uniform for officials will be white shirt and khaki shorts, slacks, or skirt.

Meet Safety: In accordance with the recommendations of USA Swimming and Ozark LSC, this meet will operate under the guidance of a meet Safety Marshall. Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, restrooms, or locker rooms.

Concessions: Food and drink will be available in the food court beginning at 7:00 am.

## Facility Rules:

1. Keep all trash picked up and do not block exit doors or aisles.
2. Swimmers, parents, and spectators are not permitted in any unauthorized areas. The following areas are off limits: Gymnasium, Ice Rink, Weight Room, Jacuzzi \& Sauna, Leisure Pool, and the rear hallway from the locker rooms to the emergency exit.
3. No outside chairs, food, drinks, or coolers are permitted in the Rec-Plex, per the City of St. Peters. Only items purchased from the concession stand are permitted in the spectator area. No food or drink is permitted on the pool deck. "No Smoking" laws are in effect, and smokers are required to smoke outside of the building.
4. Swimmers may rest in the spectator stands (including the far corner), but not under the pull-out stands. A clear path to all emergency exits must be maintained with no obstructions.
5. Cell phones with video and video recording devices are prohibited in all locker rooms and restrooms.

Vendor: On The Blocks Aquatics will be available throughout the meet.<br>Camping: St. Peters 370 Lakeside Park<br>Please reference the Rec-Plex Sharks when making reservations.<br>http://www.stpetersmo.net/rvpark.aspx<br>(636) 387-LAKE (5253)

## Session \#1 - Friday Evening

| Girls | LCM BB | SCY BB | Event |  | SCY BB |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| LCM BB | Boys |  |  |  |  |  |
| 1 | Timed Finals |  | $13-14800$ Free Relay | Timed Finals |  | 2 |
| 3 | $3: 43.89$ | $3: 17.29$ | $10 \& U$ 200 IM | $3: 16.29$ | $3: 42.49$ | 4 |
| 5 | $3: 13.49$ | $2: 49.49$ | $11-12200 \mathrm{IM}$ | $2: 47.39$ | $3: 11.39$ | 6 |
| 7 | $6: 30.39$ | $5: 42.19$ | $13-14400$ IM | $5: 20.29$ | $6: 08.79$ | 8 |
| 9 | $3: 23.39$ | $2: 58.29$ | $10 \& U 200$ Free | $2: 50.19$ | $3: 13.29$ | 10 |
| 11 | $5: 56.49$ | $6: 38.59$ | $11-12500$ Free | $6: 32.79$ | $5: 48.69$ | 12 |
| 13 | $5: 41.19$ | $6: 22.39$ | $13-14500$ Free | $6: 01.69$ | $5: 27.89$ | 14 |

Session \#2 - Saturday Morning

| Girls | LCM BB | SCY BB | Event | SCY BB | LCM BB | Boys |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 15 | $2: 50.69$ | $2: 29.69$ | $11-12200$ Free | $2: 25.99$ | $2: 46.19$ | 16 |
| 17 | $2: 42.69$ | $2: 22.89$ | $13-14200$ Free | $2: 14.19$ | $2: 33.79$ | 18 |
| 19 | $2: 01.69$ | $1: 45.59$ | $10 \& U 100$ Breast | $1: 41.99$ | $1: 58.39$ | 20 |
| 21 | $1: 41.89$ | $1: 28.69$ | $11-12100$ Breast | $1: 26.49$ | $1: 39.99$ | 22 |
| 23 | $3: 26.69$ | $3: 00.19$ | $13-14200$ Breast | $2: 47.59$ | $3: 14.49$ | 24 |
| 25 | 49.59 | 43.29 | $10 \& U 50$ Back | 43.19 | 49.49 | 26 |
| 27 | 41.69 | 36.09 | $11-1250$ Back | 36.09 | 41.49 | 28 |
| 29 | $1: 23.69$ | $1: 12.69$ | $13-14100$ Back | $1: 08.29$ | $1: 18.99$ | 30 |
| 31 | $1: 53.99$ | $1: 40.39$ | $10 \& U 100$ Fly | $1: 39.39$ | $1: 52.79$ | 32 |
| 33 | $1: 29.69$ | $1: 19.39$ | $11-12100$ Fly | $1: 17.59$ | $1: 28.29$ | 34 |
| 35 | $2: 59.49$ | $2: 40.09$ | $13-14200$ Fly | $2: 28.89$ | $2: 49.59$ | 36 |
| 37 | 40.69 | 35.69 | $10 \& U 50$ Free | 34.99 | 39.69 | 38 |
| 39 | 35.99 | 31.69 | $11-1250$ Free | 30.69 | 35.09 | 40 |
| 41 | 34.89 | 30.49 | $13-1450$ Free | 28.19 | 31.99 | 42 |
| 10 Minute Break |  |  |  |  |  |  |
| 43 | Timed Finals | $10 \& U 200$ Medley Relay | Timed Finals | 44 |  |  |
| 45 | Timed Finals | $11-12200$ Medley Relay | Timed Finals | 46 |  |  |
| 47 | Timed Finals | $13-14200$ Medley Relay | Timed Finals | 48 |  |  |
| 10 Minute Break |  |  |  |  |  |  |
| 49 | $22: 23.09$ | $21: 53.19$ | $13-14$ 1650 Free | $20: 51.99$ | $21: 35.29$ | 50 |

## Session \#3 - Saturday Evening

| Girls |  | Event |  | Boys |
| :---: | :---: | :---: | :---: | :---: |
| 15 | Top 16 from Prelims | 11-12 200 Free | Top 16 from Prelims | 16 |
| 17 | Top 16 from Prelims | 13-14 200 Free | Top 16 from Prelims | 18 |
| 19 | Top 16 from Prelims | 10\&U 100 Breast | Top 16 from Prelims | 20 |
| 21 | Top 16 from Prelims | 11-12 100 Breast | Top 16 from Prelims | 22 |
| 23 | Top 16 from Prelims | 13-14 200 Breast | Top 16 from Prelims | 24 |
| 25 | Top 16 from Prelims | 10\&U 50 Back | Top 16 from Prelims | 26 |
| 27 | Top 16 from Prelims | 11-12 50 Back | Top 16 from Prelims | 28 |
| 29 | Top 16 from Prelims | 13-14 100 Back | Top 16 from Prelims | 30 |
| 31 | Top 16 from Prelims | 10\&U 100 Fly | Top 16 from Prelims | 32 |
| 33 | Top 16 from Prelims | 11-12 100 Fly | Top 16 from Prelims | 34 |
| 35 | Top 16 from Prelims | 13-14 200 Fly | Top 16 from Prelims | 36 |
| 37 | Top 16 from Prelims | 10\&U 50 Free | Top 16 from Prelims | 38 |
| 39 | Top 16 from Prelims | 11-12 50 Free | Top 16 from Prelims | 40 |
| 41 | Top 16 from Prelims | 13-14 50 Free | Top 16 from Prelims | 42 |
| 10 Minute Break |  |  |  |  |
| 87 | Timed Finals | 11-12 400 Medley Relay | Timed Finals | 88 |
| 89 | Timed Finals | 13-14 400 Medley Relay | Timed Finals | 90 |

Session \#4 - Sunday Morning

| Girls | LCM BB | SCY BB | Event | SCY BB | LCM BB | Boys |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 51 | N/A | 1:32.39 | 10\&U 100 IM | 1:30.39 | N/A | 52 |
| 53 | N/A | 1:19.19 | 11-12 100 IM | 1:17.19 | N/A | 54 |
| 55 | 3:05.29 | 2:40.79 | 13-14 200 IM | 2:30.29 | 2:53.69 | 56 |
| 57 | 1:32.19 | 1:21.09 | 10\&U 100 Free | 1:19.39 | 1:30.89 | 58 |
| 59 | 1:18.99 | 1:08.29 | 11-12 100 Free | 1:06.99 | 1:16.29 | 60 |
| 61 | 1:15.49 | 1:06.29 | 13-14 100 Free | 1:01.59 | 1:10.79 | 62 |
| 63 | 54.69 | 47.79 | 10\&U 50 Breast | 47.49 | 54.69 | 64 |
| 65 | 45.59 | 40.59 | 11-12 50 Breast | 40.29 | 45.99 | 66 |
| 67 | 1:35.49 | 1:22.99 | 13-14 100 Breast | 1:16.69 | 1:28.09 | 68 |
| 69 | 1:48.39 | 1:33.49 | 10\&U 100 Back | 1:30.79 | 1:43.89 | 70 |
| 71 | 1:31.09 | 1:19.49 | 11-12 100 Back | 1:17.49 | 1:30.09 | 72 |
| 73 | 2:59.39 | 2:36.29 | 13-14 200 Back | 2:27.09 | 2:49.89 | 74 |
| 75 | 47.89 | 42.39 | 10\&U 50 Fly | 41.39 | 46.79 | 76 |
| 77 | 38.79 | 34.59 | 11-12 50 Fly | 34.69 | 39.29 | 78 |
| 79 | 1:21.79 | 1:12.19 | 13-14 100 Fly | 1:07.09 | 1:16.29 | 80 |
| 10 Minute Break |  |  |  |  |  |  |
| 81 | Timed Finals |  | 10\&U 200 Free Relay | Timed Finals |  | 82 |
| 83 | Timed Finals |  | 11-12 200 Free Relay | Timed Finals |  | 84 |
| 85 | Timed Finals |  | 13-14 200 Free Relay | Timed Finals |  | 86 |

## Session \#5 - Sunday Evening

| Girls |  | Event |  | Boys |
| :---: | :---: | :---: | :---: | :---: |
| 51 | Top 16 from Prelims | 10\&U 100 IM | Top 16 from Prelims | 52 |
| 53 | Top 16 from Prelims | 11-12 100 IM | Top 16 from Prelims | 54 |
| 55 | Top 16 from Prelims | 13-14 200 IM | Top 16 from Prelims | 56 |
| 57 | Top 16 from Prelims | 10\&U 100 Free | Top 16 from Prelims | 58 |
| 59 | Top 16 from Prelims | 11-12 100 Free | Top 16 from Prelims | 60 |
| 61 | Top 16 from Prelims | 13-14 100 Free | Top 16 from Prelims | 62 |
| 63 | Top 16 from Prelims | 10\&U 50 Breast | Top 16 from Prelims | 64 |
| 65 | Top 16 from Prelims | 11-12 50 Breast | Top 16 from Prelims | 66 |
| 67 | Top 16 from Prelims | 13-14 100 Breast | Top 16 from Prelims | 68 |
| 69 | Top 16 from Prelims | 10\&U 100 Back | Top 16 from Prelims | 70 |
| 71 | Top 16 from Prelims | 11-12 100 Back | Top 16 from Prelims | 72 |
| 73 | Top 16 from Prelims | 13-14 200 Back | Top 16 from Prelims | 74 |
| 75 | Top 16 from Prelims | 10\&U 50 Fly | Top 16 from Prelims | 76 |
| 77 | Top 16 from Prelims | 11-12 50 Fly | Top 16 from Prelims | 78 |
| 79 | Top 16 from Prelims | 13-14 100 Fly | Top 16 from Prelims | 80 |
| 10 Minute Break |  |  |  |  |
| 91 | Timed Finals | 11-12 400 Free Relay | Timed Finals | 92 |
| 93 | Timed Finals | 13-14 400 Free Relay | Timed Finals | 94 |

